



5th Sunday of Lent
BollyX

March 17 @ PCL

This Sunday we continue our Lenten journey, reading Jeremiah 31:31-34 and John 12:20-33. The sermon will be called "Saving Time." Our children's Sunday school meets at 9:30 and adult Bible Study in the Tower Room also at 9:30 a.m.

Following worship, at 12:15, Susheela Varky-- who is in town from Richmond-- will be leading a BollyX class. This is a fitness dance class, based on moves from Bollywood music and film, and it's so much fun. Come, invite friends, and welcome neighbors who come. We can all pretend for an hour that we are as fit and glamorous as Susheela.

Look below for our calendar for the next 2 weeks. There will be a Service of Lament and Healing for Survivors of Relationship Violence on March 21, and March 24 begins Holy Week at PCL.

With blessing and care,

Leah

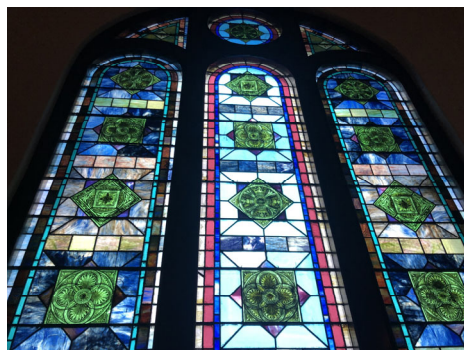
-Rev. Dr. Leah Fowler, Pastor

The art in this email is by Lauren Wright Pittman, called "You Are Worthy"



Coming Up at PCL

- Come to BollyX Sunday from 12:15-1:15 to dance and be fit! Susheela Varky will lead in this fitness dancing based on movements and music from Bollywood. Suggested donation is \$15 and will go to
- A Service of Lament and Healing for Survivors of Relationship Violence will be offered at 7 pm on Thursday, March 21 in our sanctuary. We are inviting friends from Center for Hope and Safety, as well as any advocates for survivors and also survivors in our community.
- Oelhaf House is in need of Halal food. If anyone would like to make a donation of groceries that meet halal requirements, that would help make a meaningful Ramadan for one of the residents.
- Holy Week is coming: Palm Sunday at 10:30 am March 24; Maundy Thursday at 7 pm March 28; Good Friday at noon March 29 at All Saints Episcopal; Easter Sunrise March 31 at 6:05 a.m. at Overpack Park middle dock; and Easter Sunday at 10:30 a.m. with lots of festive music and good



In Our Prayers...

Tonight we pray for the Coleman-Thams family, after their Nana died on Sunday.

We pray for Vicky Li and for her Aunt Jeannie, whose death is near.

We pray for Jane and Philip Wilson as they prepare to move to MA.

We pray for Mineko and Michael Hinton as they prepare to move into the Wilsons' home.

We pray for Fran, Mollie, Joyce, Lillian, and Roberta, and all who struggle with bodies that don't

act with the strength they wish.

We pray for a new resident of Oelhaf House and her child, and the baby she is expecting. May they find respite and peace.

We pray for the people of Haiti.

We pray for the people of Gaza.

We pray for our Muslim friends and neighbors as they mark their holy month of Ramadan.

We pray as Christians that these last 2 weeks of Lent draw us closer to Jesus, his journey, and